

This resource has been developed for the purposes of assisting in the identification and development of rehabilitation programs for injured or ill employees, and to provide detailed information about **common** job demands. When supporting an injured employee in their return to work this document is used in conjunction with Workplace Specific Details to ensure information is customised.

#### **Description of the role of the Teacher Librarian:**

Teacher means a person or officer employed permanently, temporarily or casually in a teaching position under the provisions of the Teaching Service Act 1980.

Primary school teachers in NSW public schools are trained to teach across six key learning areas: English; mathematics; science and technology; human society and its environment; creative and practical arts; and personal development, health and physical education. They also play an important social and emotional role in the development of their students.

With specialist training a teacher can work in areas such as special education, English as a second language, teacher librarianship and school counselling.

The teacher librarian is a member of the school's teaching employees and is actively involved in teaching/learning processes. Teaching is an integral part of the work of the teacher-librarian who runs classes in the library. The teacher librarian provides relevant resources (books, videos, tapes, computer programs, internet access and other resources) for students and teachers.

This document indicates the average time spent across a working day on common work activities/physical work demands that have been identified as essential to the successful performance of the role. The frequency of performance of work tasks is described by either the Descriptor, Percentage of Time, or Amount of Time based on the average working day of 7 hours as follows:

Descriptor	Percentage of Time	Amount of Time based on 7 hours per day
Not present	0%	0
Rare	1% - 7%	From 4 mins to 30 mins
Occasional	8% - 33%	35 mins to 2 ¼ hours
Frequent	34% - 66%	2 ½ hours to 4 ½ hours
Constant	67% - 100%	4 ¾ hours to 7 hours

This table is derived from the US Department of Labor Physical Demand Characteristics of Work, 1996

### **Hours of Work and Scheduled Breaks**

<u>Hours of Work:</u> Employees work during the normal daily hours of operation of the school during which classes are conducted; this is commonly Monday to Friday. Generally teaching employees are required to be present half an hour before school starts and may be required half an hour after the dismissal in the afternoon. Where special circumstances arise which, in the interests of the school necessitate attendance beyond these hours, the attendance of the employees may be required.

Meal Breaks: Employees are entitled to a lunch break of not less than 30 minutes.

Release from Face to Face Teaching: Teachers receive up to 2 hours of release from face to face teaching duties per week. This time is spent on planning, completion of administrative paperwork, correction of students' work, reports, class preparation e.g. photocopying/ resource preparation and other professional responsibilities. Teacher librarians are also provided with additional time for library preparation, maintenance and administration.



			Frequency	of Physica	l Job deman	ds (Average % of	Full Time V	/ork Day)			
Demands	Not Present	<b>Rare</b> (1% - 7%)	Occasional (8% - 33%)	Frequent (34% - 66%)	<b>Constant</b> (67% - 100%)	Demands	Not Present	<b>Rare</b> (1% - 7%)	<b>Occasional</b> (8% - 33%)	Frequent (34% - 66%)	<b>Constant</b> (67% - 100%)
Sitting				Х		Reaching					х
Standing - Static			Х			Handling					х
Standing - Dynamic				х		Pushing					х
Walking - Flat Terrain				х		Pulling					х
Walking – Slippery/ Gravel Terrain		Х				Lifting					Х
Climbing – Step Stools/ Ladders			х			Carrying				х	
Climbing – Stairs			Х			Fine Motor					х
Stooping				х		Tactility					х
Kneeling			Х			Driving			х		
Crouching – One Off			х			Visual Function					х
Crawling	х					Speech					х
Balancing – Above Ground		х				Auditory Function					х

Tools/ Equipment Handled
Student chairs and desks – up to approximately 3kg and 8kg respectively. Year 6 students assist with this task.
Smart board
Boxes of books
Pens/pencils and books
Trolley – push / pull across carpet. Usually loaded with books and / or boxes. Two person lift for heavy items
Hand held scanner – used at bench height
Computer workstation

Loads Lifted & Carried (Average % of Full Time Work Day)					
Weight range	Not present	Rare (1-7%)	Occasional (8-33%)	Frequent (34 -66%)	Constant (67 – 100%)
0-5 kg	-			Floor to Waist to Overhead	
6-10kg		Push/Pull of trolley			
11-15kg	х				
15-20kg	х				
21-25kg+	х				

**Note:** - Loads are a guide of maximum required in a full time work day.



	Common Job Activities (used in conjuction with Workplace Specific Details)	Average Time	Critical Job Demand			
1	Set up of library Involves switching computers on / off, adjusting air conditioning, moving chairs, furniture and equipment for learning activities as required, setting up IT e.g. data projectors (once per week), re-shelving books, packing up previous activities. Dusting and cleaning benches once per week	30 min per day	Yes			
2	Parent liaison Involves telephone contact and face to face contact with parents, requiring recollection or sourcing of specific information related to current students. Usually completed before and after school, and phone enquiries	As required	Yes			
3	Acquisition Involves purchasing of books and materials, covering books with contact, barcode. The librarian may be required to meet with suppliers to purchase books and other resources for the school library. This will involve liaison with teaching employees and the wider community, as well as scheduling via brochures and phone, and liaising with book sellers onsite.	Ongoing	Yes			
4	Teaching of students  Classroom based teaching of students (within the library); involving standing or seated presentation of information to students, monitoring verbal and non verbal responses of students to information, providing answers to questions, supervision of group and individual learning activities and encouraging participation by students.	3 full days per week	Yes			
5	Student supervision Supervision during student breaks (usually within the library but may include playground or other supervision on an occasional basis) involving active supervision of a predetermined area and completing visual and auditory monitoring of students' activities and school premises, providing assistance to students as required.	Approximately 2 hours per week (4 x 30 min blocks) Note: In small school can be up to 2 hrs per day	Yes			
6	Release from face to face teaching Involving lesson planning, completion of administrative paperwork, reports, class preparation e.g. photocopying/ resource preparation and other professional responsibilities.	Full-time teachers receive 2 hours per week, part-time teachers receive pro-rata this entitlement	Yes			
7	Training library monitors Involves teaching monitors how to scan, borrow, shelve books, tidy library, preparing cards and photocopying at lunch.	30 min per day	Yes			
In s	In support of the above activities performed during rostered duty time, the activities below are performed by most teachers.					
8	Staff meetings Staff meetings/ liaison with teaching employees: involving face to face meetings at which day to day operational issues, short term and long term strategic planning for the school occur.	Varies	Yes			
9	Committee meetings Involves a variety of activities dependent upon the nature of the committee and the number of committees the employee is a part of.	Varies	Yes			
10	Extra curricula activities Teacher/ librarians may also participate in extra-curricular activities most of which are of a voluntary nature. Including: • Reading based inclusions – Book Fair 1 x year, involves setting up silver cases full of books • Organising performances for Book Week	Varies	Yes			



#### **Environmental Factors**

The following environmental factors exist in the workplace.

Low- level ambient noise (from students, traffic, school activities e.g. music practice etc.) occasionally requiring moderate voice projection to be heard.

Some work will be performed outdoors or exposed to the elements.

Worker/ team relationships – the work environment may require the employee to adjust to and manage different working styles, and demonstrate an ability to work cooperatively.

Breaks may also be limited by meal and playground supervision duties, e.g. unplanned wet weather duties. Although meal breaks are stipulated, teachers do not always receive an uninterrupted break.

While deadlines exist for many tasks, the level of demand is dependent upon the school environment and staffing level. Teachers may also be required to address multiple demands and a large number of un planned interruptions may occur throughout the working day.

### Core Workplace Expectations (Organisational, Interpersonal, and Psychosocial).

The following major workplace expectations have been identified with reference to DEC Policies and Guidelines, the NSW Institute of Teachers website and O\*NET (the Occupational Information Network, a comprehensive database of worker attributes and job characteristics).

All employees have a responsibility to comply with legislation, departmental policy, procedures and the DEC Code of Conduct, perform their duties effectively, provide impartial and accurate advice and act in a manner that promotes a productive and harmonious working environment.

Negotiating with others - In dealing with other people, employees should be able to accommodate and tolerate different opinions and perspectives, and sort out their disagreements by rational discussion.

Departmental employees have a duty to take reasonable care for the safety and welfare of the students in their charge.

Establishing and maintaining effective communication – includes appropriate communication with supervisors, peers, subordinates, students, parents and community members

Employees who work with students have a special responsibility in presenting themselves as appropriate role models for those students.

Training and Teaching Others – Includes identifying the educational needs of others, developing formal educational or training programs or classes, and teaching or instructing, and assessing and reporting for effective learning

Teachers create and maintain safe and challenging learning environments through the use of classroom management skills. Effective strategies for the management of student behaviour and the maintenance of a safe working and learning environment include WHS procedures, student welfare procedures, curriculum and environmental management.

Investigations – participate in reporting investigation and resolution processes, including mandatory reporting of suspected child abuse or neglect, and participation as a witness or party to performance, discipline, grievance, WorkCover or other processes.



The use of this terminology, referred to in Frequency of Physical Job demands table on page 2, helps to establish a common language for key stakeholders when describing job demands in terms of frequency of activity performance, type of posture or movement and the level of strength/ lifting required.

	Definition of Physical Job Demands
LIFTING	Raising or lowering an object from one level to another (includes upward pulling and/or exerting upward force to hold an object in static position).
CARRYING	Transporting an object, usually holding in the hands, arms or on the shoulder.
PUSHING	Exerting force upon an object so that the object moves away from the force (including stooping, striking, kicking, treading and exerting force to hold an object in static position).
PULLING	Exerting force upon an object so that the object moves toward the force (including jerking and exerting force to hold an object in static position).
SITTING	Remaining in a seated position.
STANDING	Remaining on one's feet in an upright position without moving greater than three steps.
WALKING	Moving about on foot greater than 3 steps.
CLIMBING	Ascending or descending ladders, stairs, scaffolding, ramps, poles and the like, using feet and legs, or hands and arms.
BALANCING	Maintaining body equilibrium to prevent falling when walking, standing, crouching, or running on either elevated and unguarded, narrow, slippery or erratically moving surfaces.
STOOPING	Bending the body forward and downward by bending spine at waist, requiring full use of lower extremities and back muscles.
KNEELING	Bending legs at knees to come to rest on knees.
CROUCHING	Bending body forward and downward by bending legs and spine.
CRAWLING	Moving about on the hands and knees.
REACHING	Extending arms(s) in any direction.
HANDLING	Seizing or grasping, holding, turning or otherwise working with the hands. Fingers are only involved to the extent that they are extensions of the hand.
FINE MOTOR	Picking, pinching, or otherwise working with the fingers, other than with the whole hand or arm as in handling.
TACTILITY	Perceiving attributes of objects, such as: size, shape, temperature, or texture by touching with skin; particularly that of finger tips.

This table is derived from the Queensland Department of Education and Training Job Dictionary