



# Growth goal setting

## Reflection guide

Centre for Education Statistics and Evaluation

### What is the purpose of this publication?

The **Growth goal setting reflection guide** is a practical resource for teachers and school executive staff. It draws on the evidence presented in the Centre for Education Statistics and Evaluation (CESE) practical guide **Growth goal setting – what works best in practice**, which gives schools explicit examples of what can be done to improve student engagement and achievement. Read the paper and reflect on your practice using the questions below as a guide.

### What does the evidence say?

Research shows that growth goal setting improves achievement and student engagement. Students who set growth goals are more likely to experience gains in aspirations, perseverance and homework behaviour.

Which of our students could benefit from support in developing their aspirations, perseverance and homework behaviours?

Growth goal setting bolsters outcomes, particularly for students from low socioeconomic backgrounds and with low prior achievement.

Do we have at-risk students who could benefit from explicit growth goal setting practices?

## How do you promote growth goal setting?

Growth goal setting can be fostered through explicit teaching, providing effective feedback and ensuring learning content is relevant.

What practices do I employ in the classroom to teach explicitly, provide feedback and ensure relevance of content?

## What does this look like in practice?

To implement growth goal setting in the classroom, it is important that students know:

1. What growth goals are

What are growth goals?

2. What growth goals to set

What are the types of growth goals?

3. How to strive for growth goals

What practices encourage students to strive towards growth goals?

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