

Going on an excursion



Reader Notes:

These stories have been designed to help students learn about school so they know what to expect and can learn positive ways to respond to new situations. As a teacher, parent or carer you can help a student by reading through the stories. You could point out how the student's school experience is different and similar to that in the story and come up with other positive ways to respond. We hope these stories can make students feel more confident, safe and accepted at school.

An excursion is when we leave school to go somewhere to learn about new things.

Excursions can be exciting!
We don't do our usual school activities.

We might go to fun places like the Museum to learn about dinosaurs or stars and planets.



Our teacher usually tells us about the excursion before we go so we know what to expect.

We might go on a bus or train and some parent helpers and other teachers might come too.

There are special rules when on an excursion to help everyone feel happy and safe.

We need to listen to the teachers at all times.

We need to stay close to our special buddy or class group.

If we need to go to the toilet our teacher or a parent will take us.



Going somewhere new can sometimes feel a little scary. I might feel worried as I won't know what to do in a new place.

If I feel worried I can remember to take slow deep breaths.

I can let my teacher know I am feeling worried and they can help me by finding me a quiet place to calm down, or by letting me walk around with them.



At the end of the excursion we will go back to school.

When we arrive home we can tell our family all about the new and exciting things we learned on our excursion. Excursions are fun!



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