# Dance Stage 5 – resource in focus – individual goal setting

This resource showcases an excerpt from [Sample unit – All that Jazz!](https://education.nsw.gov.au/teaching-and-learning/curriculum/creative-arts/creative-arts-curriculum-resources-k-12/7-10-curriculum-resources/dance-stage-5-all-that-jazz#:~:text=Sample%20unit%20%E2%80%93%20All%20that%20Jazz!%20(DOCX%20424%20KB)). Sample units are optional resources that present ‘one way’ of designing teaching and learning experiences. They can be adopted and adapted for your school context.

The example below demonstrates **one way** that activities in a learning sequence may be adapted to strengthen opportunities for individual goal setting. It focuses on Learning sequence 4 – the elements of dance and performance quality in jazz dance. This is approximately 3 weeks in duration and is the last learning sequence of this unit.

**Note**: possible adaptations are represented in **bold red.** Student-facing reflective questions are represented in a grey box.

## Self-reflection of the jazz dance performance

Previous activities from learning sequence 4 have been omitted.

To conclude the unit, students review footage of their performance of the jazz dance for assessment and complete a self-reflection activity. **Students are provided with footage of a WAGOLL to assess against the unit assessment rubric. Students then self-assess their performance using the ‘Jazz dance’ sections of the unit assessment rubric in the** [Sample assessment task – All that Jazz!](https://education.nsw.gov.au/teaching-and-learning/curriculum/creative-arts/creative-arts-curriculum-resources-k-12/7-10-curriculum-resources/dance-stage-5-all-that-jazz#:~:text=Sample%20assessment%20%E2%80%93%20All%20that%20Jazz!%20(DOCX%20336%20KB)).Students respond to questions directed by the teacher to reflect on their own practice of dance technique, safe dance practice and performance quality in the style of jazz. **Suggested student reflective questions:**

* **How have I applied strength and/or flexibility in the dance to control my dance technique?**
* **Which aspects of dance technique were challenging for me in preparing to communicate the intent of the dance? Why?**
* **How have I manipulated space, time and/or dynamics to apply performance quality in the jazz dance?**
* **To what extent did I achieve a clear interpretation? Why?**
* **How can I continue to work on my manipulation of space, time and dynamics to enhance my application of performance quality and interpretation next time I perform?**

Students are encouraged to use the language related to performance they have learnt throughout the unit in their responses. The glossary provided at the end of the [Slide deck – All that Jazz!](https://education.nsw.gov.au/teaching-and-learning/curriculum/creative-arts/creative-arts-curriculum-resources-k-12/7-10-curriculum-resources/dance-stage-5-all-that-jazz#:~:text=Slide%20deck%20%E2%80%93%20All%20that%20Jazz!%20(PPTX%2012264%20KB)) can be used to support students in preparing their reflection.

**Based off their self-reflection and the feedback received from the teacher and peers throughout the unit, students develop 1 to 2 individual goals using the scaffold below. This goal setting process is modelled and supported by the teacher. The teacher uses** [**Implementation tool – supporting goal setting**,](https://resources.education.nsw.gov.au/api/v1/blob-store/ZXF1X2N1cnJpY3VsdW1yZWZvcm1fRUFQLTAwMDk%3D%3D/ZWZmZWN0aXZlLWFzc2Vzc21lbnQtcHJhY3RpY2VzLWEtZ3VpZGUtZm9yLXRlYWNoZXJzLWFuZC1sZWFkZXJzLXNjb3JtMTItMFRnM1NFSTYuemlw%3D/c2Nvcm1jb250ZW50%3D/aW5kZXguaHRtbA%3D%3D%3D?versionid=#/lessons/nwWCaH0OLngw2TCha53gg3ge4MuCCVlF:~:text=Implementation%20tool%20%E2%80%93%20supporting%20goal%20setting%20(DOCX%20331%20KB)) **found in the ‘Individual goal setting’ chapter of the** [**Effective assessment practices guide**](https://resources.education.nsw.gov.au/api/v1/blob-store/ZXF1X2N1cnJpY3VsdW1yZWZvcm1fRUFQLTAwMDk%3D%3D/ZWZmZWN0aXZlLWFzc2Vzc21lbnQtcHJhY3RpY2VzLWEtZ3VpZGUtZm9yLXRlYWNoZXJzLWFuZC1sZWFkZXJzLXNjb3JtMTItMFRnM1NFSTYuemlw%3D/c2Nvcm1jb250ZW50%3D/aW5kZXguaHRtbA%3D%3D%3D?versionid=#/)**.**

Table 1– goal setting scaffold

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ****Goal******What do you want to achieve?** | ****Time frame******When would you like to achieve it?** | ****Action******What do you need to do to achieve your goal?** | ****Support******Who and what might support you?** | ****Success criteria******How will you know when you are successful?** |
|  |  |  |  |  |
|  |  |  |  |  |

Unit is concluded.

## References

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