



Key information for the PDHPE Stage 6 (Year 12) syllabus

- 2025 will be the last year that the Stage 6 PDHPE Syllabus (2012) will be taught in Year 12. Students in Year 11 in 2025 are already studying the [Health and Movement Science 11–12 Syllabus \(2023\)](#) which will be assessed in the HSC for the first time in 2026.
- The [PDHPE Stage 6 Syllabus \(2012\)](#) requires students to study 2 core topics in the Higher School Certificate (HSC) course. These are 'Health Priorities in Australia' and 'Factors affecting performance'. Students then study 2 options. Options can include 'Health of young people', 'Sport and Physical activity in Australian society', 'Sports Medicine', 'Improving performance' and 'Equity and health'.
- The PDHPE HSC course has a course time of 120 hours.
- Schools are required to develop an assessment program for the HSC course. School-based assessment requirements are outlined on the NESA [Assessment and reporting in PDHPE Stage 6](#) webpage.
- The [PDHPE Stage 6 Syllabus \(2012\)](#) has a glossary that contains information about words specific to the course. It can be found on page 68 of the syllabus.

HSC Examinations

- The HSC examination specifications for PDHPE can be found on NESA's [Assessment and reporting in PDHPE Stage 6](#) webpage.
- The HSC PDHPE examination consists of a written paper worth 100 marks. The time allowed is 3 hours plus 5 minutes reading time.
- Past HSC papers by NESA, are a useful resource to help students to become familiar with the examination format and structure. Past papers for PDHPE can be found at [HSC exam papers](#).
- HSC standards materials by NESA, provide a collection of resources of sample responses typical of work at the boundaries between HSC bands. [NESA PDHPE Stage 6 HSC standards materials](#) webpage.

Support materials

The PDHPE curriculum team provides resources to support NSW teachers in the implementation of the PDHPE syllabus and can be located on the [PDHPE K-12 webpage](#). Here you will find advice and guidance on planning, programming and assessing, and a collection of resources and professional learning to support curriculum implementation.

Resources can also be found on the [PDHPE Statewide Staffroom website](#). Here you will find a centralised place to access resources, professional learning, teaching advice and the latest information for Stage 6 PDHPE.

Additional resources can also be accessed on the NESA [PDHPE Stage 6 Syllabus](#) webpage. These include sample scope and sequences, assessment schedules and units of work.

Professional learning

[PDHPE Professional learning](#) recordings are available on the [PDHPE Statewide Staffroom website](#).

We also offer a range of live online and face to face professional learning events throughout the year. Go to the [PDHPE Professional Learning channel](#) to view upcoming events.

General HSC information

- The [NSW Education Standards Authority \(NESA\)](#) oversees the Higher School Certificate (HSC), offering resources for students on exam preparation, course selection, and academic integrity.
- The [NESA HSC glossary](#) provides teachers with guidance on how to use key terms consistently, ensuring students understand their meanings and apply them appropriately across various subjects for effective exam preparation.
- The NESA [HSC assessment moderation](#) process ensures fairness by adjusting school assessment marks based on exam results, making them comparable across schools.
- The [ACE rules](#) outline HSC school-based assessment integrity, task development, marking, appeals, and record-keeping. They cover malpractice policies, illness/misadventure procedures, task notifications, ranking, and restrictions on reporting final marks, ensuring compliance with NESA's assessment standards.
- HSC monitoring advice, Section 1.6 outlines HSC record-keeping requirements, including teaching programs, assessment documentation, interventions and work samples. Visit [Stage 6 – monitoring implementation and support](#) for more information.
- School-based assessment for the HSC contributes to a student's final mark and is designed to evaluate students' understanding and skills based on syllabus outcomes.

Contact us

If you would like further information or support, please email PDHPEcurriculum@det.nsw.edu.au or reach out to our team via the [PDHPE Statewide Staffroom](#).

