

## ALLERGIC REACTION (ANAPHYLAXIS)

### ALLERGIC REACTION

- Swelling of face, lips and eyes
  - Hives or welts on the skin
  - Tingling mouth
  - Stomach pain, vomiting
- + For insect allergy, remove sting promptly
  - + Stay with person. Call 000 – AMBULANCE
  - + Give medications if prescribed
  - + Continue to watch for any one of the following signs of anaphylaxis (severe allergic reaction):
    - Difficult/noisy breathing
    - Swelling of tongue
    - Swelling/tightness in throat
    - Difficulty talking and/or hoarse voice
    - Wheeze or persistent cough
    - Loss of consciousness and/or collapse
    - Pale and floppy (in young children)
  - + Give the adrenaline autoinjector, if available
  - + Lay child flat. If breathing is difficult, allow to sit up with legs out flat, not in chair. DO NOT let them stand or walk.
  - + Unresponsive and not breathing normally, commence basic life support

## BLEEDING

- + Apply firm direct pressure to wound using clean cloth/pad
- + Keep child calm and still if possible
- + Do **NOT** remove any objects embedded in the wound
- + Seek medical help. If severe call 000 – AMBULANCE

## BURNS

- + Ensure safety for rescuer and child
- + Remove child to safe environment
- + **STOP DROP COVER ROLL.** Check breathing **IMMEDIATELY**, run **cool tap water** directly onto burn for at least 20 minutes and remove all clothing including nappy
- + Do **NOT** remove clothing/substance stuck to skin
- + Keep child warm – cover unburnt areas
- + Seek medical help or call 000 – AMBULANCE

## CHOKING

### Child unconscious

- + Call 000 – AMBULANCE
- + Commence basic life support

### Child conscious but unable to cough

- + Give up to 5 back blows
- + If not effective give up to 5 chest thrusts
- + Call 000 – AMBULANCE
- + Continue back blows/chest thrusts until airway clear/help arrives

### Child conscious and effective cough

- + Encourage coughing
- + Stay with child until recovery
- + If deterioration call 000 – AMBULANCE and commence back blows/chest thrusts/basic life support as appropriate

## HEAD INJURY

### UNCONSCIOUS CHILD (or altered level of consciousness)

- + Roll gently into recovery position (be aware of potential spinal injury). Call 000 – AMBULANCE
  - + Commence Basic Life Support if unresponsive and abnormal breathing
- If child had no loss of consciousness, seek medical help if the child has any of the following:**
- Vomiting
  - Blurred vision
  - Strange behaviour not usual for child
  - Drowsy/dizzy
  - Seizures (fits)
  - Boggy swelling to head

## POISONING

- + If possible, find **WHAT** has been taken, **HOW MUCH** and **WHEN**
- + Call **POISONS INFORMATION 13 11 26** and follow advice
- + If child is unconscious or has breathing difficulties call 000 – AMBULANCE and commence basic life support

## SEIZURE (FITS)

- + Stay with child
- + Move child away from danger
- + Roll child into recovery position
- + Check breathing
- + Do **NOT** put anything into child's mouth
- + Seek medical help or call 000 – AMBULANCE
- + Note length of time of seizure, if possible

## SPIDER/SNAKE BITE

### FUNNEL WEB SPIDER AND SNAKE BITE

- + Apply pressure bandage to bitten limb from toes or fingers up to the top of the limb (hip or shoulder).
- + Immobilise limb and keep child still
- + Call 000 – AMBULANCE
- + Do **NOT** wash or suck bite site

### RED BACK AND OTHER SPIDER BITE

- + Apply ice to bite area – do **NOT** apply pressure bandage
- + Seek medical help

## SUSPECTED BROKEN BONE

- + Immobilise affected limb
- + Elevate and apply ice
- + Seek medical help or call 000 – AMBULANCE

## BASIC LIFE SUPPORT

### D Dangers?

### R Unresponsive?

### S Send for Help

### A Open Airway

### B Abnormal Breathing?

### C Start CPR

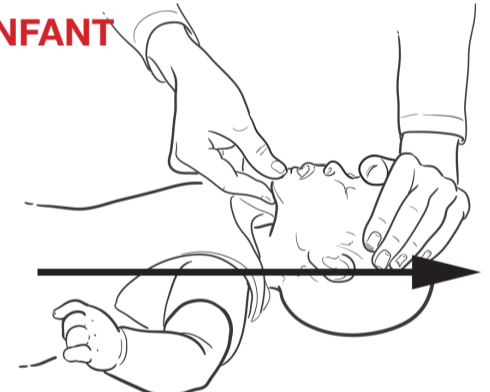
**30 compressions: 2 breaths**  
if unwilling/unable to perform rescue breaths continue chest compressions

### D Attach Defibrillator (AED)

as soon as available and follow its prompts

**Continue CPR until responsiveness or normal breathing returns**

### INFANT



Neutral head position for infant

Two finger position for infant compressions

### CHILD



Head tilt chin lift for child

One or two hand position for child compressions

# AMBULANCE 000