

## **DEADLY REFLECTIONS** DAILY PRACTICES

Deadly reflections involve learning from everyday situations and problems. It means regularly asking questions of yourself and about your actions to better understand why things happened in a certain way and how this might inform future planning and processes.

anything today concern me about a child?

> HOW did children benefit from an activity today?

ARE children and families happy to come to this environment?

WHAT am I challenged by in my work?

WHAT am I curious about in my work?

HOW did I build on each child's strengths today?

HOW do I develop a caring and respectful relationship • with children?

there any children not included in the activities? What else could I do to include them?

> In WHAT areas would I like to grow more as an educator?

DID my personal values and thoughts affect any of my experiences this week?

practice has been on my mind lately? Why? How can I learn more about this?

### HOW

do we support all aspects of child development, including their social, emotional, physical and cognitive needs?

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# EXPLORING STRENGTHS

I was deadly today because...

What happened today that was **good**? Why was it good?

How did the children respond to this practice?

What did the children learn today?

What did I learn about the children's strengths and interests?

How did I record my observations?

I made sure that each child was included in activities by ...

### OPPORTUNITIES FOR

## IMPROVEMENT

What did not go so well today?

Why did it not work as well as I'd hoped?

Why did I respond like I did?

How did my own feelings influence my actions?

How could I find out more about something to improve our practice?

How could I change my practice next time to improve outcomes for children?

Did my expectations mislead my practice somehow? What expectations can I question next time?





