

Get me up and running

I'm trying to get used to a new reality with new faces, new rules and lots of new things to learn.

Meanwhile, my parents are keeping a close eye on me to make sure I'm developing "normally" (although for me, anything I do is normal).

If I can establish a good routine and get my head around the essential skills now, the rest of school will be much easier, so please **help me fit in and find my "normal"**.

Defining "normal"

"I did search a lot of child behaviouralists, ADHD symptoms, but I really don't think James fit in much of them. He probably fit one or two, but then all kids fit one or two, right?"

The student is the starting point for what's considered normal by parents. They're placed at the centre of the definition and parents actively seek out information and environments to confirm their view.

Thought starters

How might we help parents understand the breadth of "normal" development?

How might we reduce the barriers to establishing a new routine?

How might we help students establish a stable social network?

