



Anti-bullying: Activity 10

Review quiz

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1. Bullying is repeated verbal, physical, or social behaviour that is harmful and involves the misuse of power by an individual towards one or more persons.
True or False
2. A person who bullies looks just like anyone else. They can be big or small, boys or girls and have many or few friends.
True or False
3. Which is NOT an effective response to bullying
 - a. Report it
 - b. Stay calm and think clearly
 - c. Ask for advice
 - d. Ignore it.
4. If I am laughing at someone being bullied, I am called:
 - a. Upstander
 - b. Bystander
 - c. Reinforcer
 - d. Ignorer.
5. The effect of bullying on people is serious but it would not affect them long term.
True or False
6. Another term for online bullying is?
 - a. Internet bullying
 - b. Cyberbullying
 - c. Mobile bullying.
7. An Upstander is
 - a. Someone who defends and/or offers support to the person being bullied.
 - b. Someone who ignores bullying.
 - c. Someone who joins in the bullying behaviour.
 - d. Someone who watches silently.
8. If someone posts humiliating photos of me online, I can seek help from the Office of the eSafety Commissioner website to remove the content.
True or False