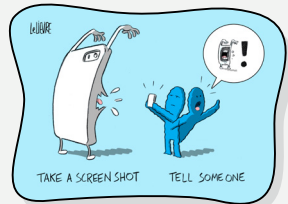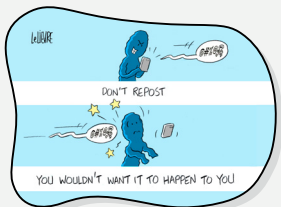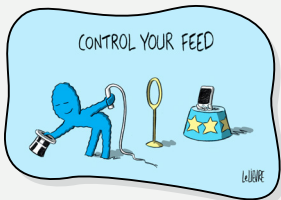DON'T FEED THE TROLLS

Powerful Conversations on bullying

Staying safe online

1 in 4 students are bullied online –
You can help stop it

Here are four things you can do to stop online bullying

1. Don't feed the trolls. Responding when you are angry or upset is the reaction they want, so don't give in to them.

2. Control your newsfeed. Keep your privacy settings updated, and remove or block untrustworthy people.

3. Don't repost hurtful or cruel posts. What you post reflects who you are as a person and a friend. Be your best self.

4. Take a screen shot before the content is deleted. Tell a parent, carer or teacher and give them the screen shot. And always report serious threats to the police, school and the Office of the eSafety Commissioner **www.esafety.gov.au**.

Visit the NSW anti-bullying website for more information on staying safe online at: antibullying.nsw.gov.au.

antibullying.nsw.gov.au

CARE. RESPECT. SUPPORT.

Powerful Conversations #CareRespectSupport

NSW GOVERNMENT