

# Peanut butter and jelly

Traditional

**Movement**

**Lyrics**

**Verse 1**

For example:  
picking peanuts  
smashing peanuts  
spreading peanut butter

2/2

First you get the pea-nuts and you pick them and you pick them and you

Pick them and you pick them and you smash them and you smash them and you

Smash them smash them smash them and you spread 'em.

**Chorus**



Pea-nut but-ter and jel-ly.

**Chorus**

**Verse 2**

For example:  
picking berries  
smashing berries  
spreading jelly (jam)

**Then you get the berries and you pick them and you pick them and you pick them, pick them, pick them.**  
**Then you smash them and you smash them and you smash them, smash them, smash them.**  
**Then you spread 'em.**

**Chorus**

**Verse 3**

For example:  
hold sandwich in two hands  
and bite it gulp sandwich

**Then you get the sandwich and you eat it, and you eat it, and you eat it, eat it, eat it.**  
**Then you gulp it and you gulp it and you gulp it, gulp it, gulp it.**

**Chorus**

(Hum the tune as if your mouth is full)

**Coda**

(Sing once only).