

PDHPE

Early Stage 1: Child Protection
Education

Resources

Keeping myself safe

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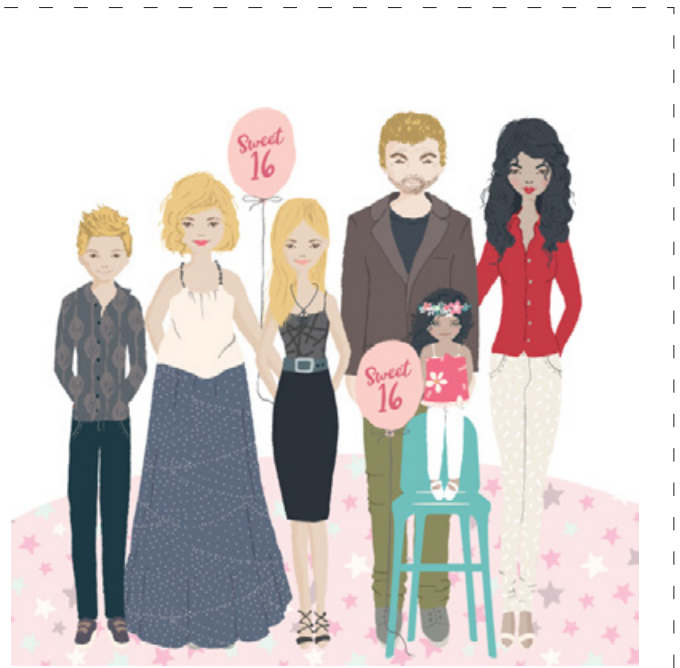


Images

Different types of families



Images: **Different types of families**



○ Images: **Different types of families**





Worksheet

See, think, wonder template



See

What do you see?



Think

What do you think
is going on?



Wonder

What does it make
you wonder?

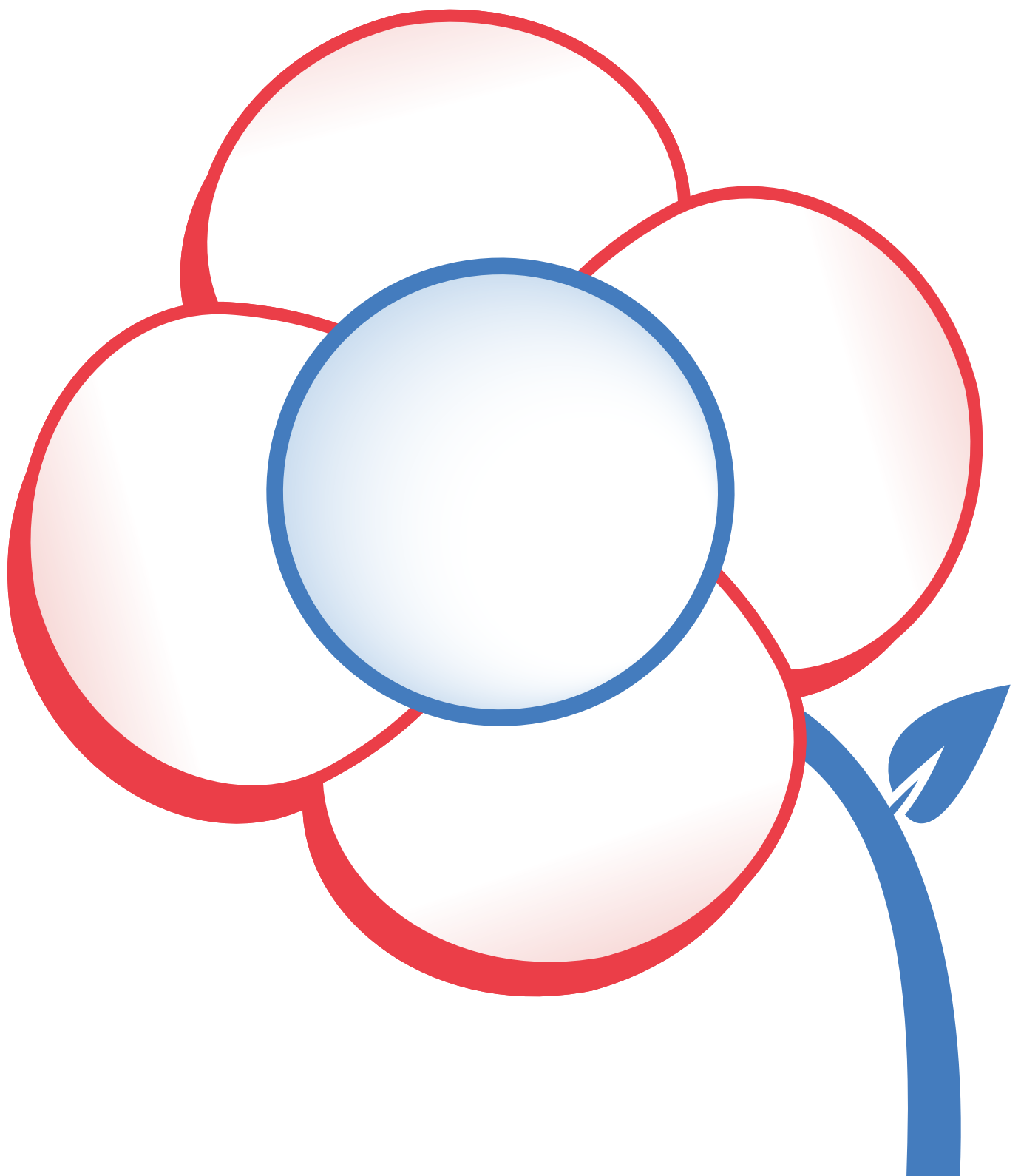


Images

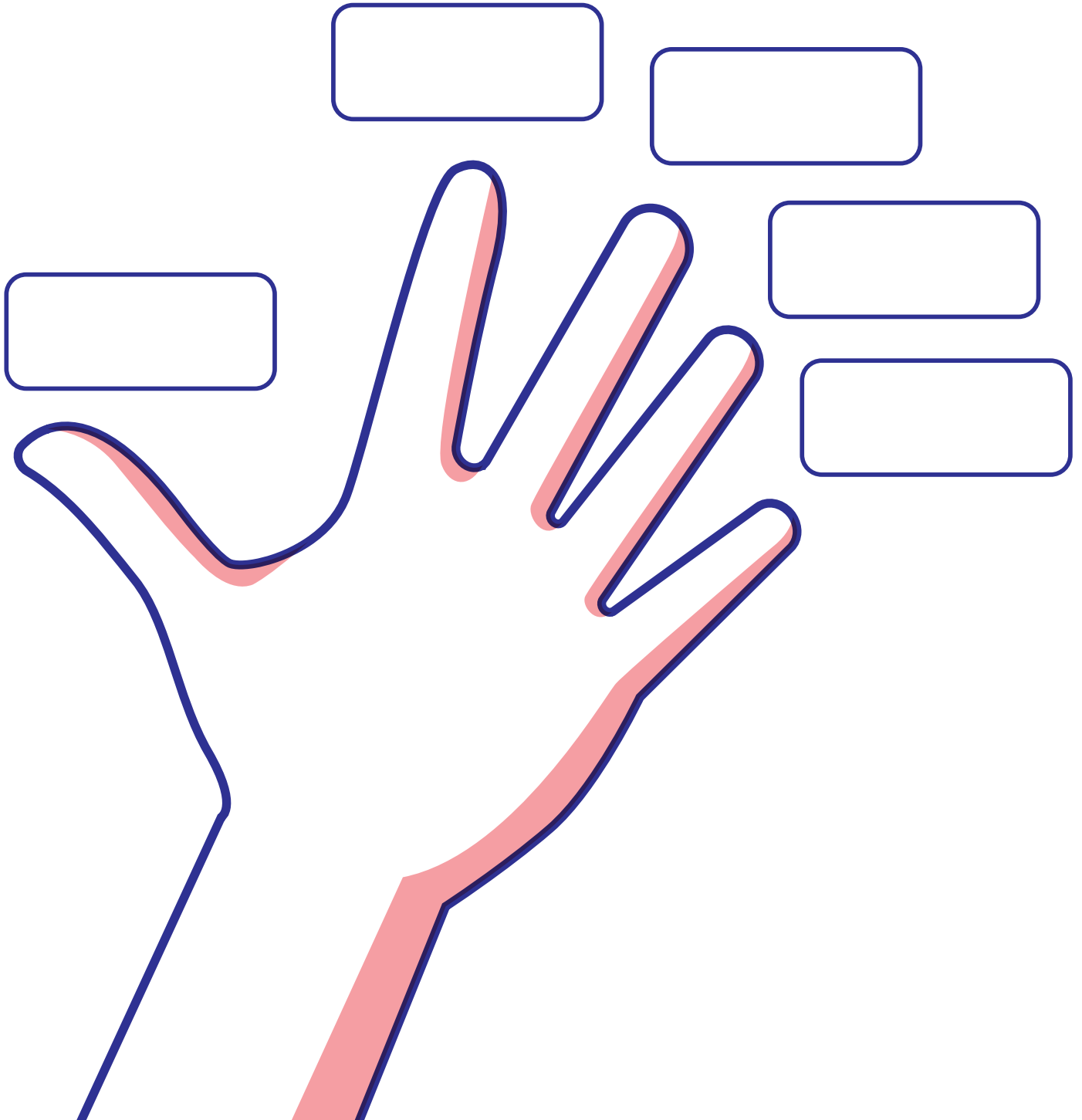
Visual representation of a support network



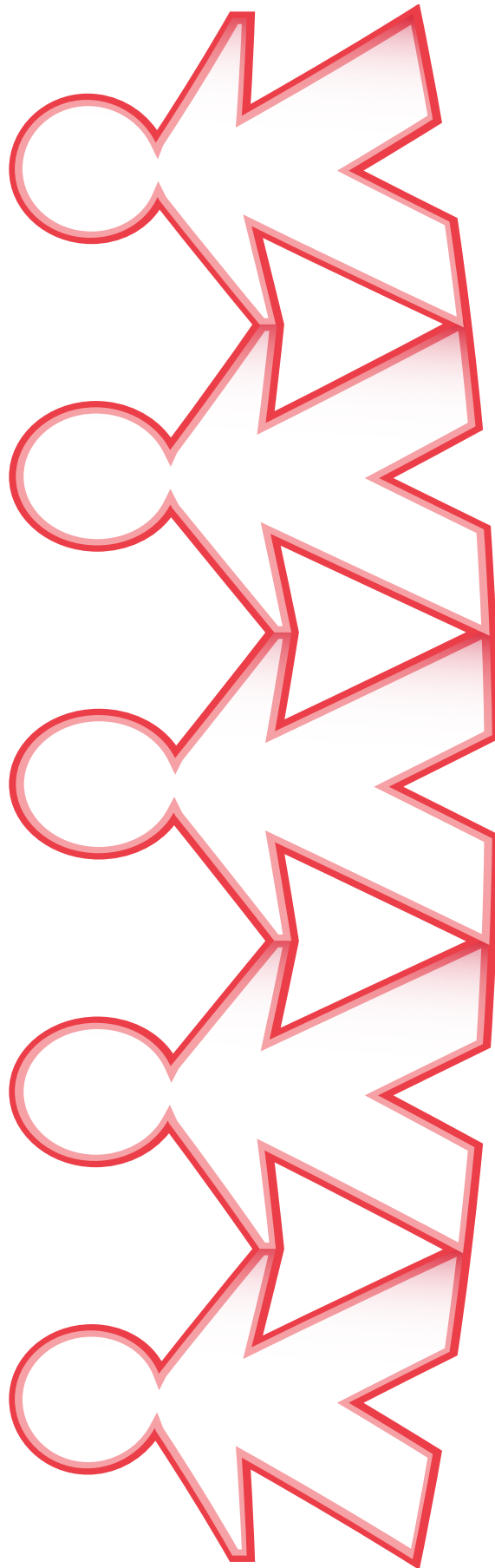
 Images: **Visual representation of a support network**



 Images: **Visual representation of a support network**



 Images: **Visual representation of a support network**





Images

Body parts



Arms



Ear



Elbows



Eyes



Face



Feet



Fingers



Hands



Head

○ Images: **Body parts**



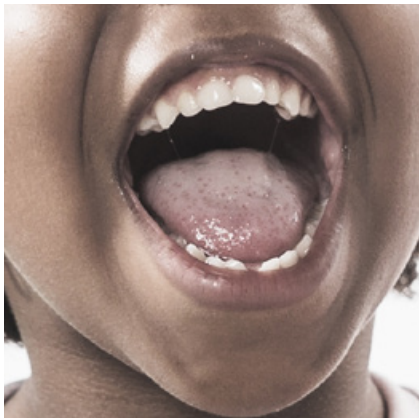
Knee



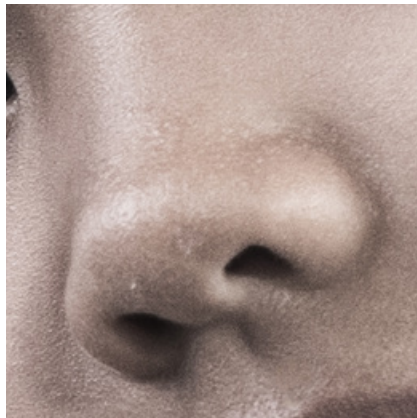
Legs



Lips



Mouth



Nose



Shoulder



Toes



Cards

Body parts

arms

ear

neck

elbows

eyes

thighs

face

feet

nipples

fingers

hands

breasts

head

knee

bottom

legs

lips

testicles

mouth

nose

penis

shoulder

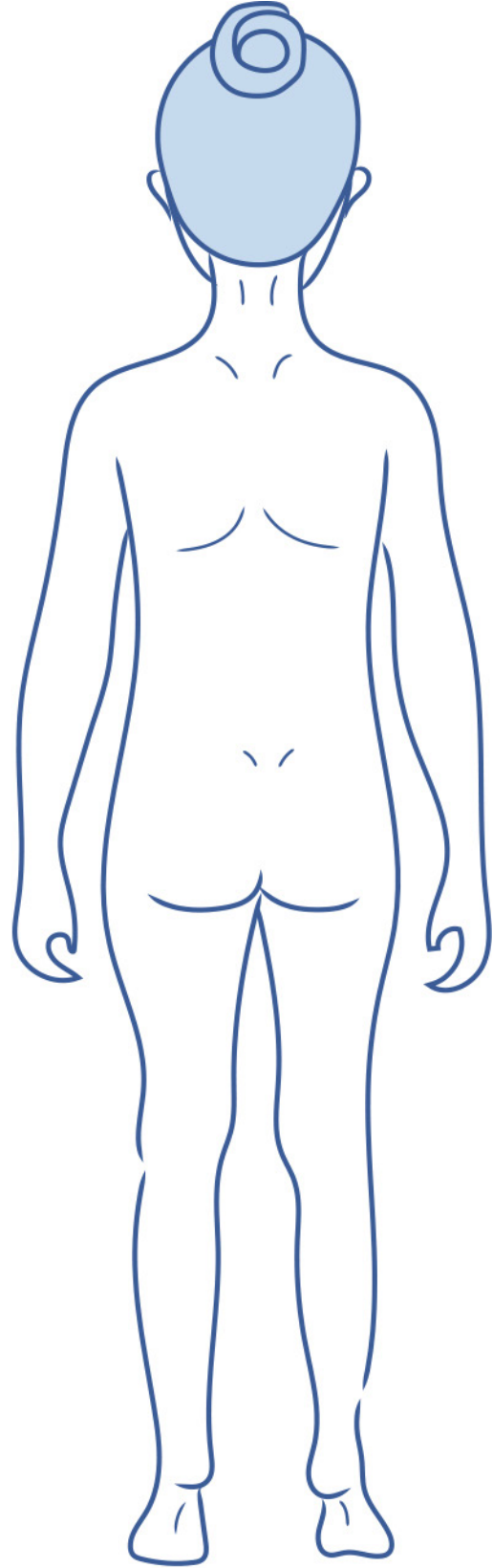
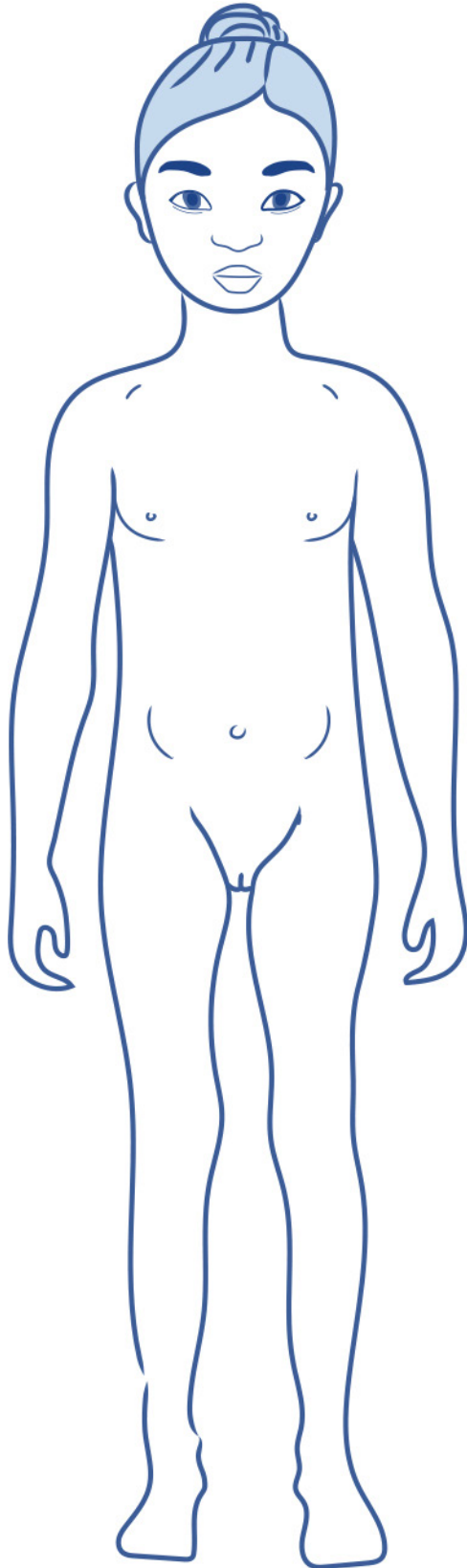
toes

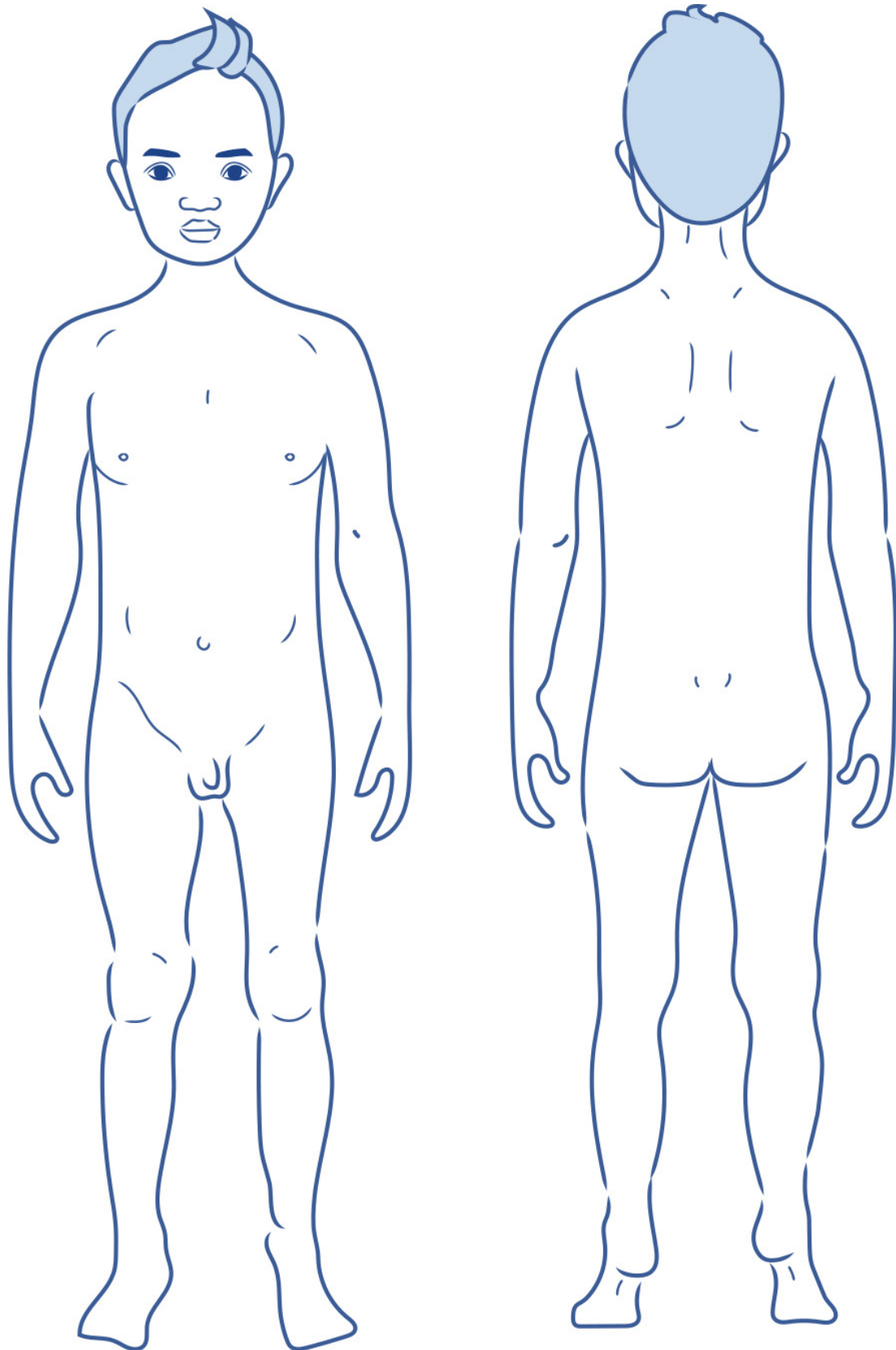
vagina



Worksheet

Body outlines







Cards

Yes, sometimes, no and uncertain



1

Yes



2

Sometimes



Cards: **Yes, sometimes, no and uncertain**



3

No



4

Uncertain



Cards

Feelings and emotions

No feelings



5

Angry



6

Confused



7

Disgusted



8

**Frightened,
afraid, scared**



9

Frustrated



10

Grumpy

 Cards: **Feelings and emotions**



11

Hurt



12

Lonely



13

Nervous



14

Shocked



15

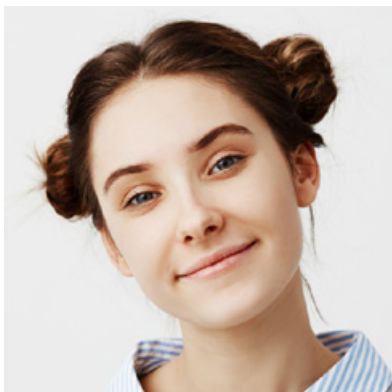
Unhappy, sad



16

Worried

Yes feelings



17

Peaceful, calm



18

Excited



19

Happy



Cards: **Feelings and emotions**



20

Loved, safe



21

Proud



22

Shy



23

Surprised



Images

Body signals



49

Butterflies in your tummy



50

Quick breathing



51

Racing heart



52

Shaky knees



53

Cold-shivery body



54

Squirmy tummy



55

Sweaty hands



56

Warm body



Images

Wanted and unwanted touch



45

Wanted kissing



45

Unwanted kissing



46

Wanted holding hands



46

Unwanted holding hands

Images: **Wanted and unwanted touch**



47

Wanted hug



47

Unwanted hug



48

Wanted tickling



48

Unwanted tickling



Images

Soft animal toy



○ Images: **Soft animal toy**





Cards

No-go-tell scenarios



24

Going to the movies



25

Being in the dark



26

Having a picnic with family



27

Playing a game online with people you don't know

○ Cards: **No-go-tell scenarios**



28

Being in a paddock with a bull



29

Lost in a shopping centre



30

Lost in the bush



31

Missing the bus home

 Cards: **No-go-tell scenarios**



32

Going on a bush walk



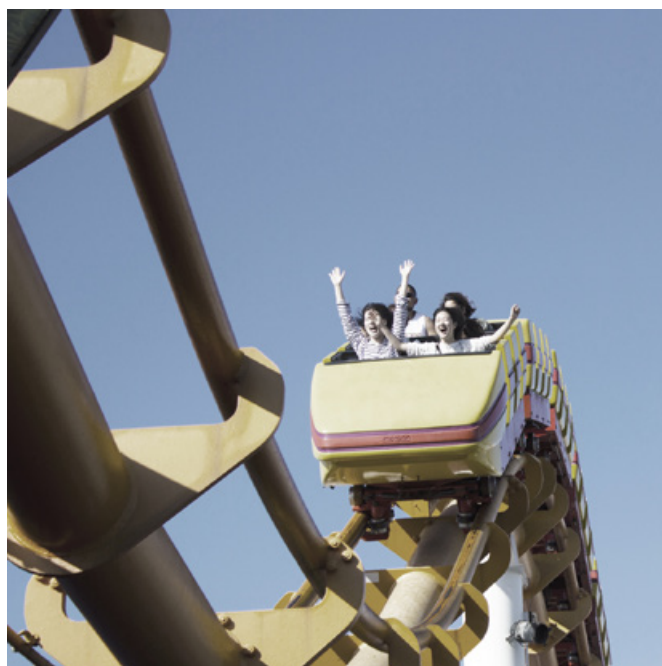
33

Playing with a pet



34

Reading a book at night with a torch



35

Riding on a roller coaster

○ Cards: **No-go-tell scenarios**



36

Seeing a snake



37

Swinging on the swings at the park



38

Walking into a spider web



39

Walking to school with friends



40

Watching television at home



Images

No-Go-Tell



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