



Include a Critical Inquiry Approach PDHPE



Build Inquiry Skills

Promote, support and encourage researching, analysing, applying and appraising knowledge in health and movement contexts.

Recognise Contextual Factors



Develop capacity of students to recognise that being and staying healthy, safe, well and active are shaped by a range of contextual factors, some of which are controllable and others which are often out of the individual's control.



Interrogate Information

Build ability of students to challenge, question and interrogate all knowledge, information and PDHPE or health and movement related content.



Experience Learning

Use a range of pedagogical models or approaches to teaching and learning in PDHPE which focus on experiential learning and recognise learner diversity.

Including a critical inquiry approach in PDHPE enables students to better analyse and critique health information from all sources.