PDHPE outcome mapping grid – Stage 3 (blank)

Summary of outcomes coverage:

* PD3-1 – Identifies and applies strengths and strategies to manage life changes and transitions
* PD3-2 – Investigates information, community resources and strategies to demonstrate resilience and seek help for themselves and others
* PD3-3 – Evaluates the impact of empathy, inclusion and respect on themselves and others
* PD3-4 – Adapts movement skills in a variety of physical activity contexts
* PD3-5 – Proposes, applies and assesses solutions to movement challenges
* PD3-6 – Distinguishes contextual factors that influence health, safety, wellbeing and participation in physical activity which are controllable and uncontrollable
* PD3-7 – Proposes and implements actions and protective strategies that promote health, safety, wellbeing and physically active spaces
* PD3-8 – Creates and participates in physical activities to promote healthy and active lifestyles
* PD3-9 – Applies and adapts self-management skills to respond to personal and group situations
* PD3-10 – Selects and uses interpersonal skills to interact respectfully with others to promote inclusion and build connections
* PD3-11 – Selects, manipulates and modifies skills and concepts to effectively create and perform movement sequences

Stage 3 – Even year

Schools may deliver units of learning that vary in duration to meet the needs of their students.

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Stage unit | PD3-1 | PD3-2 | PD3-3 | PD3-4 | PD3-5 | PD3-6 | PD3-7 | PD3-8 | PD3-9 | PD3-10 | PD3-11 |
| Unit 1 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 2 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 3 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 4 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 5 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 6 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 7 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 8 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 9 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 10 |  |  |  |  |  |  |  |  |  |  |  |

## Stage 3 – Odd year

Schools may deliver units of learning that vary in duration to meet the needs of their students.

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Stage unit | PD3-1 | PD3-2 | PD3-3 | PD3-4 | PD1-5 | PD3-6 | PD3-7 | PD3-8 | PD3-9 | PD3-10 | PD3-11 |
| Unit 1 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 2 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 3 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 4 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 5 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 6 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 7 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 8 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 9 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 10 |  |  |  |  |  |  |  |  |  |  |  |

[PDHPE K-10 Syllabus](http://www.educationstandards.nsw.edu.au/wps/wcm/connect/2f657694-dc52-48ba-a440-9256e92c00e3/pdhpe-k-10-syllabus-2018-pdf.pdf?MOD=AJPERES&CVID=)© NSW Education Standards Authority (NESA) for and on behalf of the Crown in right of the State of New South Wales 2018.